

HAIR AND MAKEUP HOW TO



We've got you

Don't know how to do Hair and Makeup for dance? Don't stress.

All the details are in this guide + our top tips so that you'll nail it every time.

You might not be booking makeup clients but you'll certainly be the go to parent for hair and makeup touch ups!

ALL THE INFO ON

WHAT YOU'LL NEED

MAKEUP

HAIR

WHAT DO YOU NEED?

You will need the items listed below, you can see a recommendation for brands on the following page if you do not already have these items and have to purchase them!

HAIR SUPPLIES

- Thick Hair Bands
- Bobby Pins
- Heavy Duty Bun Pins
- Bun Net
- Hair Gel
- Hair Spray
- Fine Tooth Tail Comb
- Hair Brush

MAKEUP SUPPLIES

- Liquid and Powder Foundation
- Blush/Highlighter
- White and Brown Eyeshadow
- Black Mascara
- Black Liquid Eyeliner
- Red Liquid Lipstick
- Makeup Brushes

OTHER SUPPLIES

- Makeup Wipes
- Cotton Tips
- False Lashes (Students over 12)

WHERE/WHAT TO BUY

Below you will find our recommendations for products, we know these all work well but it's completely up to you what items you choose to buy!

If you already have the items at home - even better!



Foundation

Must match your child's skin. The more *liquid* the foundation the better - creams can be too heavy. Powder foundation should match. We like this brand because it comes with a sponge to apply!
Found at Priceline & Chemist Warehouse



Eye Shadow

White and Brown eyeshadow are required. Any brand will do, the eyeshadow pictured is very affordable!
Found at Priceline



Blush

We love a blush that makes the skin glow, this particular one includes some sparkle and it's very pretty and affordable!
Found at Chemist Warehouse



Lipstick

Go for a dark Red, liquid lipstick. They are much easier to apply, stick lipsticks can be tricky to apply on someone else so make your life easier with a liquid lipstick.
Found at Priceline, Chemist Warehouse

WHERE/WHAT TO BUY



Eyeliner

Do not buy a pencil eyeliner, it may be tempting but it will not work the same. Opt for a liquid pen eyeliner. They work the best, stay the longest and are the easier to use!

Found at Priceline, Chemist Warehouse



Mascara

Any Mascara will work, as long as it is black! Go for the cheapest option. It really doesn't matter what brand.

Found at Priceline, Chemist Warehouse



Makeup Brushes

You will need, 1x blush brush and at minimum 1x eyeshadow brush or applicator.

Sometimes more expensive brushes do work better and allow you to apply the makeup easier so it's worth looking around to find a good deal.

Found at Priceline, Chemist Warehouse



Hair Gel and Spray

Students are NOT permitted to have aerosol hairspray at the theatre so please ensure you purchase a pump action spray. The VO5 brand is great and affordable.

Found at Priceline, Chemist Warehouse

WHERE/WHAT TO BUY



Bun Pins

Regular Bobby pins do not work for buns. These heavy duty bun pins are amazing at holding dancers buns in place all day! Found at Hairhouse Warehouse, Attitude Danceware or Capital Salon Supplies in Fyshwick.



False Lashes

We love Ardell Lashes in "Natural". They are reusable and look great on stage. Paired with Duo Eyelash glue. Found in Priceline or Chemist Warehouse

LET'S GET TO WORK

It's time to learn how to apply the makeup and do the hair! We've got step by step pictures and a video tutorial, let's do this!

Makeup first



HOW TO - MAKEUP

EYE SHADOW

Starting with the eyes!

You could start with foundation, but we don't recommend it.

Apply a layer of liquid foundation to the eye, this will help the white eyeshadow stick.

Apply white eyeshadow to the whole lid.

Apply the brown eyeshadow in a square shape, from the middle of the eye outwards.

Blend out the middle.

EYELINER

Pull the eyelid up so the skin is tight.

Apply a thin line from the outer corner inwards. You can start thin and make it thicker as you go.

Once finished, have student close eyes and draw a thin line to make the wing, you can follow the shape of the eyeshadow.

HOW TO - MAKEUP

MASCARA

Once you have applied the eyeshadow and eyeliner, move on to mascara. Mascara always works better if it isn't super wet, so it's best to use an old mascara OR leave the mascara wand out for a little bit so it dries.

Have student look down and gently brush mascara onto the lashes.

Sometimes it is helpful for students to blink when you have the mascara wand in place so that it brushes through completely

FOUNDATION + BLUSH

Wipe under the eyes with a makeup wipe so that the skin is clear and then apply your liquid foundation.

Apply the Liquid foundation all over the face and part way down the neck, this is then followed by the powder foundation.

After the powder foundation has been applied, move on to blush.

Blush should be applied to the top of the cheek bones and can be quite bright!

HOW TO - MAKEUP

FALSE LASHES

After you have applied the liquid eyeliner and Mascara, you are ready for the false lashes. Trim the lash to size, then run glue along the length of each lash, noting that there is a left and right. Once the glue has cured for about 20 seconds, apply the lash to the lash line of a slightly opened lid (looking down to the ground). Let them sit for about 10 seconds and then open to reveal!

TOP TIPS

Mascara - if you made a mistake and the mascara went everywhere, wait for it to dry and then remove it with a dry cotton tip, it will flake off easily.

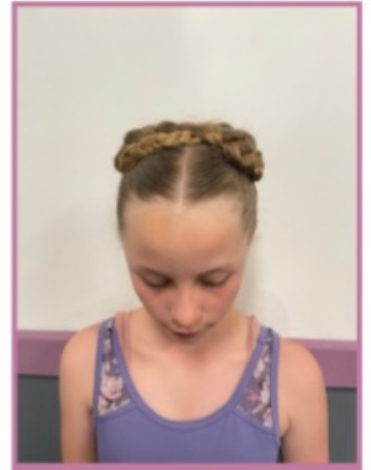
Do the eyes first - so important. Do the eyes first so if your eyeshadow falls onto the face, you can just wipe it right off before doing the foundation!

Eyeliner - If you pull up on the brow bone to stretch the eyelid, it will be much easier to apply and there will be more room for mistakes!

HOW TO - HAIR

HOW TO - DOUBLE BRAID - PRESCHOOL ONLY

[Tiny Tots, Preschool Jazz, Preschool Ballet, Preschool Acro, Preschool Tap/Hip Hop]



Part the hair and make 2x pony tails. Ensure they are tight and well combed down.

Plait the ponytails and secure them with a hair tie.

Cross the braids over the top and secure with bobby pins.

Spray with hair spray or use a bun net over the top to secure the hairstyle.

If your child does not have enough hair for this hairstyle, pigtails will be perfect!

HOW TO - HAIR

HOW TO - MIDDLE PART LOW BUN - ALL OTHER STUDENTS



Part the hair and make a low ponytail. Secure with 2x hair ties to ensure it is tight.

Apply gel and hairspray to ensure no flyaways.

Twist the hair and coil around the ponytail, pin with bobby pins and bun pins as you go.

Apply a hair net and pin in with additional bobby pins and bun pins. Spray the bun with hairspray to finish.

[Click here to watch a Youtube tutorial of this hairstyle](#)

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